

Acterra's Ten Things You Can Do To Help Stop Global Warming

1. Change a light

Replacing one regular light bulb with a compact fluorescent bulb saves 100 lbs. of CO₂/yr. Change 10 light bulbs and save 1,000 Lbs of CO₂ per year!

2. Drive less

Walk, bike, carpool or take public transit & save about one lb. of CO₂ for every mile you don't drive! Go to www.511.org for a personalized public transit map, carpool information or biking information. Transportation accounts for over 50% of the GHG in California.

3. Recycle more

You can save 2,400 lbs. of CO₂/yr. by recycling just of your household waste. Specific local recycling info: www.recycleworks.org or www.recyclestuff.org/CDR.asp.

4. Maintain your car.

Proper maintenance of your car, tune ups, properly inflated tires, etc. improves gas mileage. You can save 1,500 lbs of CO₂ with proper maintenance.

5. Use less hot water

Wash clothes in cold water to save 5,00 lbs. of CO₂/yr. Set your water heater to 120° and insulate it with an insulation blanket to save 1,550 lbs. of CO₂/yr.

Yes, count me in as part of the solution. I can do the following steps to help stop Global Warming:

- | | |
|---|--|
| <input type="checkbox"/> Change ___ light(s) | <input type="checkbox"/> Use less energy |
| <input type="checkbox"/> Drive ___ less miles | <input type="checkbox"/> Adjust Thermostat |
| <input type="checkbox"/> Recycle more | <input type="checkbox"/> Eat less meat |
| <input type="checkbox"/> Maintain my car | <input type="checkbox"/> Green power options |
| <input type="checkbox"/> Use less hot water | <input type="checkbox"/> Learn more... |

Put an X on the actions you will do and circle the ones you are already doing.

Name _____(sign)

E-mail _____(write legibly)

We will e-mail you in a two weeks to see what you have done and add the total CO₂ reduction to our community CO₂ reduction totals. Thanks for being part of the solution!

Sign me up for Acterra's e-mail list so I can receive updates on Acterra events.

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6. Use less energy

Air-dry your clothes on a clothesline and save 6000 lbs. CO₂/yr. Unplug electronic devices from the wall when not in use and save even more. Turn off your computer at night.

7. Turn down the thermostat

You can save 1,400 lbs. of CO₂ if you set your thermostat to 65 to 68 when people are home and 55 to 58 at night and when no one is home.

8. Eat less Meat

Eating less meat is better for your health and better for the health of the Planet. One pound of beef takes 10 pounds of grain and 2500 gallons of water to produce. Eating less meat can save as much CO₂ as driving a Prius as compared to the average car, as much as 5,000 Lbs.

9. Purchase Green Power

Sign up for Palo Alto Green or PG&E's ClimateSmart program to mitigate your home every use. If you have taken steps to reduce your energy use you might find that becoming carbon neutral can also be dollar neutral as well.

10. Be part of the solution

Sign up for the Low Carbon Diet or join a Green Team and learn how to tread more lightly on Earth while building community and meeting like-minded folks. See www.acterra.org/greenteams

Please return this form to David Coale at Acterra and we will tally up the commitments and add this to our community totals. Together we can make a difference. Thank you for being part of the solution.

Sincerely,

David Coale
Acterra
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